

Whistle Basics is the first complete audio-visual tutorial for the Irish tin whistle. It consists of a tutorial book and a CDROM with 70 instructional videos and 99 MP3s. This practical method is suitable for both beginning and advanced musicians. It is also a useful tool for those who teach others to play the whistle.

The Whistle Basics book describes and visualizes the basics of traditional Irish whistle playing and gradually teaches you how to use 15 specific ornaments in 45 Irish melodies. It has 116 pages, 104 illustrations, 99 music notations with tips, instructions and symbols how to play the whistle in a traditional Irish way. For those who cannot read music there is 102 tablatures too, a simplified music notation, and a special chapter on elementary music theory in relation to Irish traditional music. The author also gives a lot of interesting background information on 'Irish Trad', on whistle types tune types, the traditional musicians and their traditional instruments.

The CDROM 'Whistle Basics Audio & Video' is the impressive audio-visual part of this method. It contains 70 videos (close-ups/stereo) and 99 MP3s (CD-quality, stereo, 192 kbps) that can be played at different speeds with Windows Media Player. This audio-visual support makes it possible for you to see and hear the instructions, techniques and tunes and just imitate them, which is a highly effective and traditional way of learning to play the tin whistle.

The CDROM 'Whistle Basics Digital Edition' is an optional and fully digital edition of this method. Included along with the two aforementioned folders 'Audio & Video' is a third folder with all 116 pages of the Whistle Basics book. This optional digital edition in a jewel case is suitable for those who only want to use a PC. You can select and open a chapter of the Whistle Basics book (PDF file), choose a page with a tune or technique and select and open the relevant video or MP3. If you play the video in the 'compact mode' it can be dragged and placed beside a text, music notation or tablature.

Jules Bitter is a well known and respected musician (whistle/flute/bodhrán) and has a teaching practise for whistle and concert flute in the Netherlands: [www.fluitpraxis.com](http://www.fluitpraxis.com). His unique and sensitive way of playing whistle and flute can be heard on his CDs: 'Druid Dance', 'Nehalennia Suite' and 'The Hill of Women'. As a studio- and guest musician, he has contributed to several other CD productions and many concerts, and he's 'gigged' with befriended musicians ('Finglas') until 2008. He has visited Ireland many years, and both his contribution to 'Irish Trad' and his affiliation with Irish music and Celtic culture is much appreciated there. Since 1983 he's been involved in the Antwerp music scene as participant and initiator of Irish sessions; and for 5 years, he was a whistle tutor for the Dutch Foundation of Folk music (SVN). He made a radio documentary for Dutch Radio (VPRO) about the Irish Bronze Age horns, as well as one about Nehalennia, a local deity of Germano-Celtic origin. Jules has also contributed to a documentary on the bronze cauldrons of Brittany: 'Les Chaudrons de Bretagne', and he recorded the sounds of the last 4 Westerschelde ferries. With these unique recordings, the radiophonic composition 'Zwanezang op de Westerschelde' was made, which won First Prize at the Palmares Phonurgia Nova (Arles/France/2003).



[www.whistle-flute.com](http://www.whistle-flute.com)



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JULES BITTER

WHISTLE BASICS

WWW.WHISTLE-FLUTE.COM

Jules Bitter

# WHISTLE BASICS

The complete audio-visual method  
for the Tin Whistle

Book & CDROM



Basic and advanced level  
70 Videos and 99 MP3s  
99 Music-notations  
102 Tablatures  
15 Techniques  
45 Irish tunes

## Whistle Basics© Info Consumers

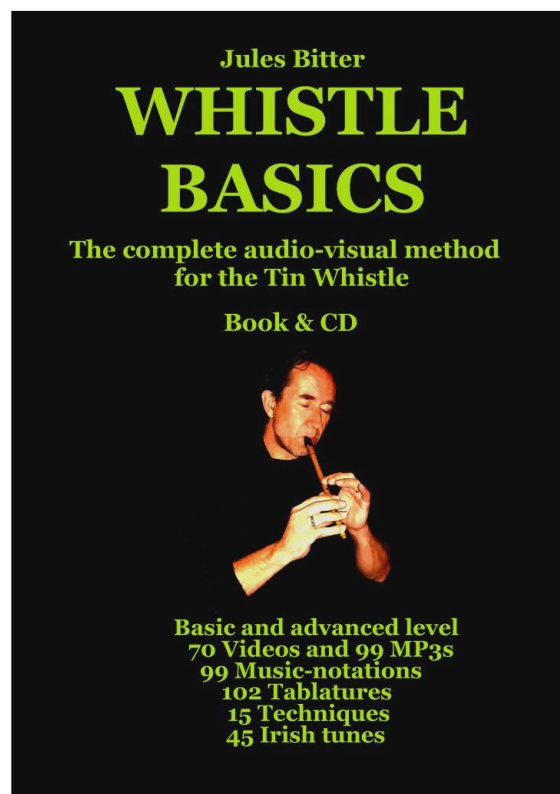
Whistle Basics is a complete audio-visual tutorial for the tin whistle.

It consists of a tutorial book and a CDROM with 70 instructional video's and 99 MP3s.

This impressive audio-visual support makes it possible you can see and hear the instructions, techniques and tunes and imitate them, which is a highly effective and traditional Irish way of learning to play the tin whistle.

This practical method is most suitable for beginners who want to learn step-by-step towards advanced level, and for those who do not like academic lectures.

It also is a powerful method and tool for those who teach others to play the whistle.



### Whistle Basics Book & CDROM : 2 options :

1) Luxury Soft Cover Edition : € 47,50 (excl. postal costs)

ISBN 9789085704478 / full color / 116 pages Bio Top paper strong durable laminate cover / + 1 CDROM Audio & Video

2) Budget Paperback Edition : € 35,- (excl. postal costs)

ISBN 9789085704607 / black-white / 116 pages offset paper paperback / + 1 CDROM Audio & Video

Order : [julesbit@zeelandnet.nl](mailto:julesbit@zeelandnet.nl)



This successful method gradually learns you how to use 15 specific whistle techniques in 45 Irish tunes.

Students can develop and improve their whistle playing step-by-step from basic to advanced level.

Teachers can use this methodical and practical audio-visual tutorial in a workshop or whistle class.

The WB book describes and visualizes all basic skills and techniques of traditional Irish whistle playing.

The WB book has 18 chapters, 116 pages, 104 illustrations, 99 music notations with instructions and symbols how to play the whistle in a traditional Irish way.

For students who can not read music, there are 102 tablatures too, which are simplified music notations.

For those who want to learn music notation, there is also a chapter on elementary music theory. This chapter also gives info on measure/time and the rhythm patterns in all Irish tune types.

The last chapter has 24 extra Irish tunes from beginner to advanced level, with study advice and symbols for ornamentation.

The book also offers a lot of interesting background information on Irish traditional music: whistle history, whistle types, tune types, traditional musicians and their traditional instruments.

\* On the next page you'll find some info on the Digital Edition: a CDROM that has the book, videos and mp3s.

## Also available : Whistle Basics© Digital Edition

**'Whistle Basics Digital Edition' : € 33,- (excl. postal costs)**

**For those who only want to use a PC.**

**This CDROM has 3 folders:**

**Video = 70 video files: WMV / close ups / 192kbps**

**Audio = 99 audio files: MP3 / 192kbps / stereo CD-quality**

**Book = 30 PDF files : 116 full color pages of the WB book**

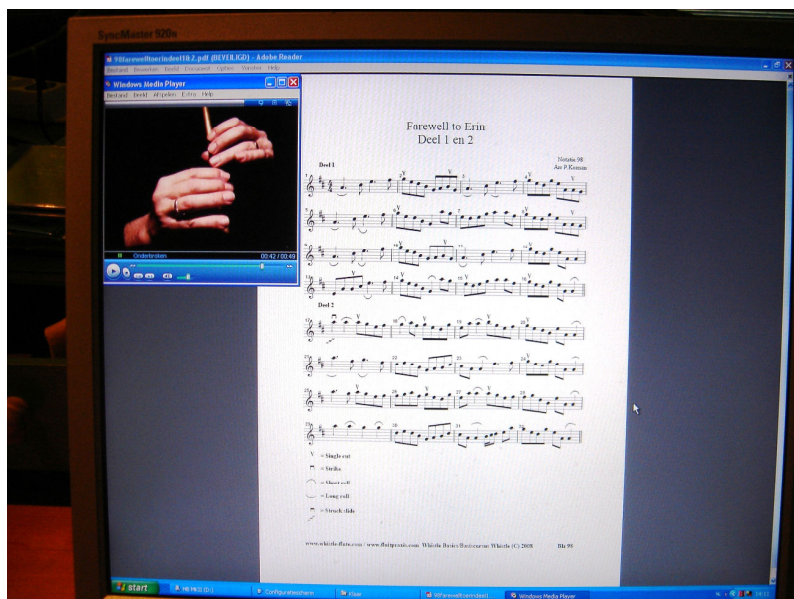
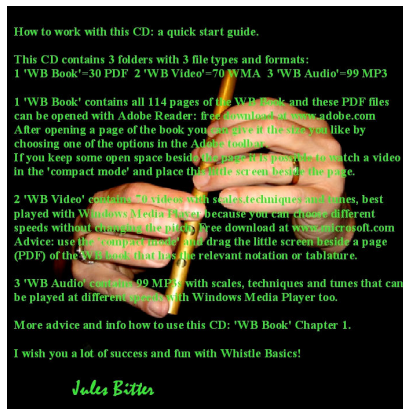
**Open a page of the book (PDF) with a notation or tablature and choose and play the relevant MP3 or Video.**

**If you choose the 'compact mode' of Windows Media Player you can drag the little screen beside the tablature or notation.**

**Choose the speed you like and imitate or play along with the video or MP3.**

**In combination with a laptop, beamer and screen this CD is a perfect tool for workshops and whistle classes.**

**Order : [julesbit@zeelandnet.nl](mailto:julesbit@zeelandnet.nl)**



PC screen + mediaplayer in compact mode and a notation from the book.

If you want to know more about my Whistle Basics method and hear and see some demo-MP3s or videos or download (free) some pages of the WB Book, please visit my website : <http://www.whistle-flute.com>

Of course I present my CD's there too: a lot to see and hear!

On the next pages a preview of the Whistle Basics book.

Thank you for your interest in my musical activities.

Yours sincerery,

*Jules Bitter*



**When a technique or tune is discussed in the book, 2 symbols direct you to the relevant video or MP3:**



Video



MP3

\* represents exactly what is shown in the notations or tablatures.  
\* playable at different speeds with Windows Media Player.

**Chapter 12 Long Rolls**

The 'long roll' occurs mostly in jigs but often in reels and hornpipes as well. It's a compound ornament: you can clearly hear the base note being played three times. Like the short roll, it's mostly done from slurring and the use of a cut and strike. The regular double sound of the short roll unfolds like this: 1 cut - 2 strike = 2/8 : 'da bla' The regular triple sound of the long roll, thus: 1 base note - 2 cut - 3 strike = 3/8 : 'da bla' da' Again it is a matter of musical taste and style to roll through a tune or to play just a few of these ornaments.

**01 Long rolls D major: D - C# in 6/8 time.** Nr 41 Nr 57

**Tablature:** The order is always from left to right, and the playing holes above are those for your lower hand. This is the scale of D major: see 04 further on how you play the C roll for the G major scale. I play an alternative 'D roll': D (base note) followed by two D cuts = opening/closing E and F#.

D	E	F#	G	A	B	C#
XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX
XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX
XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX
XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX
XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX
XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX	XXXXX

**Notation 40**

**Alternative 'long D roll'** E F# G A B C#

**Notation:** The upper staff shows a 1/4 note with a dot, which means that it's prolonged by half. The pause sign is a dotted 1/4 sign = 2/8 + 1/8 = 3/8. A long roll and pause combined are 6/8. The lower staff shows that every time you need 3x 1/8 per long roll, and you hear: base note / cut / strike. The alternative D roll: D (base note) sounds three times by two D cuts = opening/closing E and F#.

**Exercise:** Play along with the video or MP3: slow long rolls to improve movement and timing, first with slurring. Pay attention that you give the three notes the same length. After that, do the same using tonguing. Use tonguing only on the base note: 1-2-3 1-2-3, ect. Always connect the cut and strike with slurring. Only use this extra accent if you like it! Try playing in reverse from C# to D too. Once you've established good movement and timing you can, of course, raise the tempo.

83 The Temple Lane Studio in Dublin. (1994)

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\* A page with tablatures and notation: how to play rolls

**06 Practise melody E- half slide: 'Little Heathy Hill'.** Nr 28/29 - A/B Nr 38/39 - A/B

In this hornpipe you can practise half holing on E to play F. Play F# only in places where it's indicated. Use the technique of slurring as much as possible. Playing the so-called 'right triplet' is also a nice practice, which makes three notes of a 2/8 note: 2x 1/16 + 1/8. Also try the special and less commonly used 'C-cut' that is made by simultaneously opening the lower three playing holes from D+, resulting in the C finger position. Tablature: upper holes = lower hand.

**Little Heathy Hill** **Notation 32**

74

75

*Francis O'Neill (1845-1936) the Chicago policeman who, together with other members of the 'Irish Music Club', noted down a large number of traditional Irish melodies. Next to his photo is the cover of one of his best known editions with 1850 melodies. He played flute and coming from West Cork, he originally wanted to collect tunes from that area. Under the influence of other musicians, among which James O'Neill who did the musical notations, this became a unique collection of almost 2000 tunes from the whole of Ireland.*

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\* A page with a tune and the symbols for ornamentation

**Photo page Holding and blowing the whistle**

**01 UPPER HAND**  
The thumb is placed between the 5th & 6th hole. The fingertips close the holes. The fingers are almost perpendicular to the whistle.

**02 LOWER HAND**  
The thumb is placed between the 2nd & 3rd hole. The fingertips close the holes. The fingers are perpendicular to the whistle.

**03 PIPER TECHNIQUE**  
Cover the lower three holes with the middle finger bones. If you can, let your little finger rest on the whistle.

**04 PLACING THE MOUTHPIECE**  
The mouthpiece rests centred on the lower lip. Not against/between your teeth, and don't bite.

**05 THE RIGHT ANGLE**  
Both elbows hang slightly loose away from the body. The back and the head remain upright. The lower lip fits in the curvature of the mouthpiece.

**06 THE RIGHT BALANCE**  
Now you have four supports for a good balance: mouth / upper thumb / lower thumb / little finger. Handy playing a C# with all holes open.

When you have practised this, you can start practising the major scales D - G - C - A: see next pages. In this method most tunes are 'in D' and 'in G', which are mostly used for whistle and flute. Would you like to know more about the most widely used scales in Irish traditional music? See Chapter 16. Please regularly return to this page to be able to check yourself regarding the right posture and positioning. Practising standing up or sitting down in front of a mirror is a good way of checking yourself in the beginning.

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\* A page with photos and instruction: holding/blowing

**Chapter 5D C-major scale: C - C+** Nr 04 Nr 05 **Notation 04**

1 2 3 4 C D- E- F- G+ A- B+ C+

You'll have to make an F- out of the F#-: position nr 4. You can do this by 'half holing' the E position. If you come from E, you can turn your finger slightly upwards (lengthwise or breadth wise). Coming from any other position, half holing is more difficult and needs a very good feel for the instrument. The C or C+ can also be done differently than depicted by 'halfholing' the B position.

48 C, 49 D+, 50 E+, 51 F+, 52 G+, 53 A+, 54 B+, 55 C+

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\* A page with photos and instruction: C- major Scale



**Some low resolution examples of 4 tunes from chapter 18 : this chapter has 24 extra tunes with playing advice and symbols for ornamentation. In total Whistle Basics has 45 Irish tunes : from basic to advanced level.**

**Eleanor Plunkett**

Notation 76  
Arr. J.Bitter

- V = Single cut
- = Strike
- ~ = Rising slide
- ∞ = Finger vibrato

This is another melody composed by the blind harper Turloch O'Carolan (1670-1738). In chapter seven and eight, you have already learned to play two of his airs also called 'pieces': 'Blind Mary' and 'Kean O'Hara'.

Play calmly with as much shurring as possible, using cuts to separate, and strikes to accentuate notes. There are several rising slides on the longer notes, so if you like, you can apply finger vibrato after the rising slide. Be sure to remain exactly within the length of that note.

**The Fairie's Hornpipe**

Notation 81  
Arr. J.Bitter

- V = Single cut
- = Strike
- tr = Short trill
- = Short roll
- ◯ = Long roll

The legendary piper Seamus Ennis made many field recordings of traditional musicians and singers for Irish and English radio and collected numerous stories about the 'little people' as well. During his pre-funerals, Seamus liked telling these old folktales to his audience. Before playing this particular tune, he usually introduced it with the following tale: a young musician had taken to drink and fallen asleep alongside the banks of a forest, when he was awakened by the enchanting music of a fairy piper. In the ensuing conversation the fairy piper told the lad to go home and sleep it off until the tune would sound in his dream. So the musician returned home, and indeed, the next morning he could play this enchanting hornpipe. After the telling of what had happened to the village people, he naturally had to play the unfamiliar tune; and, because even the oldest villagers had never heard this tune before, they believed his tale to be true.

Here also it is best you learn the base melody by heart before starting to play the ornaments. By adding the cuts and the strikes, the melody will soon develop more character. And when you finally incorporate the rolls and the trills along with it, you might even get a visit by the fairies...

**The Silver Spear**

Notation 91  
Arr. J.Bitter

- V = Single cut
- = Strike
- tr = Short trill
- = Short roll
- ◌ = Long crann
- ◯ = Long roll

Depending on your level of aspiration you can attempt to work on several ornaments. Also see this arrangement as a study exercise: play and practise them all in a few study sessions and find out which you like most, and believe me, after some years of practising you will play and use these ornaments in a more intuitive way.

As you can see there is some variation: measure 1 and 5, 9 and 13. A lot of rolls too, and some cuts (E) and short trills (F) on the second beat of a measure. Just take your time to work them out. If you have difficulty with the timing, use MP3 Nr 95.

Other versions of this well known session reel: played by Sean Potts and Paddy Moloney: LP/CD 'In Whistles' (Shanachie Rec. 79033) and a special version on uilleann pipes by Seamus Ennis: LP/CD 'Seamus Ennis / Forty Years of Irish Piping', (Green Linnet Rec. released on CD format)

**The Swallow's Tail**

Notation 97  
Arr. T.Keenan

Variation A - part

- V = Single cut
- = Strike
- = Short roll
- ◯ = Long roll

This arrangement was played on whistle by Thomas Keenan on his brother's first soloalbum: 'Paddy Keenan' (Cois Linn Rec. 1975 CEF/CD 045). The many long rolls and short rolls give this reel a special lift, and of course, there is a typically playful 'Keenan variation'. I have already previously mentioned my luck being able to see and hear 'Tommy' Keenan play in many sessions during the time he lived in Antwerp during the eighties of the last century.

The rolls are a special challenge, while attempting to maintain the pulse of the tune.

I like to play this tune in a set with the 4-part reel 'Farewell to Erin' which is the next and last tune. I recorded this set of reels with Philip Mianure (guitar) for a CD entitled 'The Hill of Women', a combination of Irish poetry and traditional music. I made this CD with the Dublin singer-songwriter Tom Acron. If you want to hear some demo-tracks: <http://www.whistle-flute.com>



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76	56	Long D+ roll & Long D+ crann	Exercise 4/4	Long D+ rolls & Long D+ cranns	Listen/Practise/Play along
77	56	Short D crann	Exercise 4/4	Short D cranns	Listen/Practise/Play along
78	56	Short D+ crann	Exercise 4/4	Short D+ cranns	Listen/Practise/Play along
79	57	<i>The Dublin Road</i>	Reel 3 tempi	Short D cranns/Cuts/Strikes	Listen/Practise/Play along
80	58	Long D crann	Exercise 3 tempi	Long D cranns	Listen/Practise/Play along
81	58	<i>Port Gan Ainm A</i>	Double jig	Long D cranns/Cuts	Listen/Practise/Play along
82	58	<i>Port Gan Ainm B</i>	Double jig	Long D cranns/Cuts	Listen/Practise/Play along
83	58	<i>Port Gan Ainm AB</i>	Double jig faster	Long D cranns/Cuts	Listen/Practise/Play along
84	59	<i>The Silver Spear A</i>	Reel 2 tempi	Long D cranns/Cuts/Short rolls/Long rolls	Listen/Practise/Play along
85	59	Long D+ crann	Exercise 6/8 3 tempi	Long D+ cranns	Listen/Practise/Play along
86	60	<i>Tobins Favourite A</i>	Double jig 2 tempi	Long D+ cranns/Cuts/Long rolls	Listen/Practise/Play along
<b>14 Trills</b>					
87	61	<i>The South Wind</i>	Air or Waltz	Short trills/Cuts/Strikes/Slides/Finger vibr.	Listen/Practise/Play along
88	62	<i>Bonnie Charlie A</i>	March	Short trills/Cuts/Strikes/Sh.rolls/T.triplets	Listen/Practise/Play along
89	62	<i>Loch Gowna A</i>	Double jig	Short trills/Cuts/Slides/Long rolls	Listen/Practise/Play along
90	62	<i>Loch Gowna A</i>	Double jig faster	Short trills/Cuts/Slides/Long rolls	Listen/Practise/Play along
<b>15 Vibrato</b>					
91	65	<i>An Roisin Dubh</i>	Slow Air Sean Nos	Finger vibrato/Slides/Cuts/Breath vibrato	Listen/Practise/Play along
92	65	<i>An Roisin Dubh</i>	Slow air C-whistle	From CD <i>Druid Dance</i>	Listening example
<b>Extra Percussion Tracks</b>					
93			Jig	Tempo 1 = moderate	Play along
94			Jig	Tempo 2 = faster	Play along
95			Reel	Tempo 1 = moderate	Play along
96			Reel	Tempo 2 = faster	Play along
97			Polka	Tempo 1 = moderate	Play along
98			Polka	Tempo 2 = faster	Play along
99			Hornpipe	Tempo 1 = moderate	Play along



100 Befriended musicians Thierry Masure (L) & Kees Schoone (R)





## Index Video: WMV Nr 01 - 40

Nr	Page	Chapter / Description	Form	Contents	Activity
<b>5 Major-scales DGCA</b>					
01	16	D-major Scale	Exercise 4/4	D - D+	Watch / Immitate / Play along
02	17	D-major Scale octave	Exercise 4/4	D+ - D++	Watch / Immitate / Play along
03	18	G-major Scale	Exercise 4/4	G - G+	Watch / Immitate / Play along
04	19	C-major Scale	Exercise 4/4	C - C+	Watch / Immitate / Play along
05	20	A-major Scale	Exercise 4/4	A - A+	Watch / Immitate / Play along
<b>8 Cuts</b>					
06	29	Cuts D - C#/C	Exercise 4/4	Cuts D - C#/C	Watch / Immitate / Play along
07	29	Cuts D+ - D++	Exercise 4/4	Cuts D+ - D++	Watch / Immitate / Play along
08	30	Cuts in D & G-major	Exercise 4/4 + 6/8	Cuts/Slurring	Watch / Immitate / Play along
09	30	<i>Get up old woman A</i>	Double jig 6/8	Cuts/Slurring	Watch & Listen
10	31	<i>The Rising of the Moon Nr 2</i>	Air 4/4	Cuts/Slurring	Watch / Immitate / Play along
11	31	<i>Kean O'Hara</i>	Air 3/4	Cuts/Slurring	Watch / Immitate / Play along
12	33	<i>Kerry Polka Nr1 A</i>	Polka 2/4	Cuts/Tonguing	Watch / Immitate / Play along
13	33	<i>Kerry Polka Nr1 B</i>	Polka 2/4	Cuts/Tonguing	Watch / Immitate / Play along
14	33	<i>Carolan's jig A</i>	Double jig 6/8	Triple cuts in long D-crann	Watch & Listen
<b>9 Strikes</b>					
15	34	Strikes E - D++	Exercise 4/4	Strikes E - D++	Watch / Immitate / Play along
16	35	Strikes G - G+	Exercise 4/4	Strikes G - G+	Watch / Immitate / Play along
17	35	<i>Bonnie Charlie A</i>	March 2/4	Strikes/Cuts	Watch / Immitate / Play along
18	36	<i>Si Bheag Si Mhor A</i>	Air or Waltz 3/4	Strikes/Cuts	Watch / Immitate / Play along
19	36	<i>Si Bheag Si Mhor B</i>	Air or Waltz 3/4	Strikes/Cut	Watch / Immitate / Play along
20	37	<i>Kerry Polka Nr 2 A</i>	Polka 2/4	Strikes/Cuts/Tonguing	Watch / Immitate / Play along
21	37	<i>Kerry Polka Nr 2 B</i>	Polka 2/4	Strikes/Cuts/Tonguing	Watch / Immitate / Play along
22	37	<i>As through the Woods</i>	Air 4/4	Strikes/Cuts	Watch / Immitate / Play along
<b>10 Slides</b>					
23	38	Rising slides D - C#	Exercise 4/4	Rising slides D - C#	Watch / Immitate / Play along
24	38	Rising slides D+ - C#+	Exercise 4/4	Rising slides D+ - C#+	Watch / Immitate / Play along
25	38	Rising slides G - G+	Exercise 4/4	Rising slides G - G+	Watch / Immitate / Play along
26	39	<i>Cape Clear</i>	Slow air	Rising slides/Finger vibrato	Watch & Listen
27	39	<i>Nehalennia Jig</i>	Double jig 6/8	E & B-half slide = half holing/Long rolls	Watch / Immitate / Play along
28	40	<i>Little heathy Hill A</i>	Hornpipe 4/4	E-half slide/C-cut/Tight triplets	Watch / Immitate / Play along
29	40	<i>Little heathy Hill B</i>	Hornpipe 4/4	E-half slide/C-cut/Tight triplets	Watch / Immitate / Play along
30	41	<i>Polka Antaine Mhic Lu</i>	Polka 2/4	Short slides/Cuts	Watch / Immitate / Play along
<b>11 Short rolls</b>					
31	43	Short rolls D - C#	Exercise 4/4	Short rolls D - C#	Watch / Immitate / Play along
32	43	Short rolls D+ - C#+	Exercise 4/4	Short rolls D+ - C#+	Watch / Immitate / Play along
33	44	<i>The Limestone Rock A</i>	Reel 4/4	Short rolls/Cuts/Strikes/Tight triplets	Watch / Immitate / Play along
34	44	<i>The Limestone Rock B</i>	Reel 4/4	Short rolls/Cuts/Strikes/Tight triplets	Watch / Immitate / Play along
35	45	<i>Callaghan's Reel A</i>	Reel 4/4	Short rolls/Cuts/Strikes/Tight triplets	Watch / Immitate / Play along
36	45	<i>Callaghan's Reel B</i>	Reel 4/4	Short rolls/Cuts/Strikes	Watch / Immitate / Play along
37	46	<i>Bonnie Charlie A</i>	March 2/4	Short rolls/Cuts/Strikes/Tight triplets	Watch / Immitate / Play along
38	46	<i>Bonnie Charlie B</i>	March 2/4	Short rolls/Cuts/Strikes/Tight triplets	Watch / Immitate / Play along
39	47	<i>Scattery Island A</i>	Single jig 6/8	Short rolls/Cuts/Strikes/Long rolls	Watch / Immitate / Play along
40	47	<i>Scattery Island B</i>	Single jig 6/8	Short rolls/Cuts/Strikes/Long D-cranns	Watch / Immitate / Play along



101 Focussed



## Index Video: WMV Nr 41 - 70

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<b>12 Long rolls</b>					
41	48	Long rolls D - C#	Exercise 6/8	Long rolls D - C#	Watch / Immitate / Play along
42	49	Long rolls D+ - C#+	Exercise 6/8	Long rolls D+ - C#+	Watch / Immitate / Play along
43	49	Long rolls D - B+	Exercise 6/8	Long rolls D - B+	Watch / Immitate / Play along
44	50	Long rolls G - F#+	Exercise 6/8	Long rolls G - F#+	Watch / Immitate / Play along
45	50	<i>Kid on the Mountain A</i>	Slip jig 9/8	Long rolls/Cuts	Watch / Immitate / Play along
46	50	<i>Kid on the Mountain B</i>	Slip jig 9/8	Long rolls/Cut/Strike	Watch / Immitate / Play along
47	51	<i>Rambling Pitchfork A</i>	Double jig 6/8	Long rolls/Cuts/Strikes	Watch / Immitate / Play along
48	51	<i>Rambling Pitchfork B</i>	Double jig 6/8	Long rolls/Cuts	Watch / Immitate / Play along
49	52	<i>The Blackbird Nr1 A</i>	Set dance 4/4	Long rolls/Cuts/Short rolls/Trills/T.triplets	Watch / Immitate / Play along
50	52	<i>The Blackbird Nr1 B</i>	Set dance 4/4	Long rolls/Cuts/Trills/T.triplets/Slide/Vibr.	Watch / Immitate / Play along
51	53	<i>Farewell to Erin A</i>	Reel 4/4	Long rolls/Short rolls/Cuts	Watch / Immitate / Play along
<b>13 Cranns</b>					
52	55	Short D rolls & Short D cranns	Exercise 4/4	Short D rolls & Short D cranns	Watch / Immitate / Play along
53	55	Long D rolls & Long D cranns	Exercise 6/8	Long D rolls & Long D cranns	Watch / Immitate / Play along
54	56	Short D+ roll & Short D+ crann	Exercise 4/4	Short D+ rolls & Short D+ cranns	Watch / Immitate / Play along
55	56	Long D+ roll & Long D+ crann	Exercise 6/8	Long D+ rolls & Long D+ cranns	Watch / Immitate / Play along
56	56	Short D cranns	Exercise 4/4	Short D cranns	Watch / Immitate / Play along
57	56	Short D+ cranns	Exercise 4/4	Short D+ cranns	Watch / Immitate / Play along
58	57	<i>Dublin Road A</i>	Reel 4/4	Short D cranns/Cuts/Strikes	Watch / Immitate / Play along
59	57	<i>Dublin Road B</i>	Reel 4/4	Short D+ cranns/Cuts/Strikes/Sh.&Lo.rolls	Watch / Immitate / Play along
60	58	Long D cranns	Exeicse 6/8 3 tempi	Long D cranns	Watch / Immitate / Play along
61	58	<i>Port Gan Ainm A</i>	Double jig 6/8	Long D cranns/Cuts	Watch / Immitate / Play along
62	58	<i>Port Gan Ainm B</i>	Double jig 6/8	Long D cranns/Cuts	Watch / Immitate / Play along
63	59	<i>The Silver Spear A</i>	Reel 4/4	Long D cranns/Cuts/Short rolls/Long rolls	Watch / Immitate / Play along
64	59	Long D+ cranns	Exercise 6/8	Long D+ cranns	Watch / Immitate / Play along
65	60	<i>Tobins Favourite A</i>	Double jig 6/8	Long D+ cranns/Cuts/Long rolls	Watch / Immitate / Play along
<b>14 Trills</b>					
66	61	<i>The South Wind</i>	Air or Waltz 3/4	Short trills/Cuts/Strikes/Slides/Finger.vibr.	Watch / Immitate / Play along
67	62	<i>Bonnie Charlie A</i>	March 2/4	Short trills/Cuts/Strikes/Short rolls/T.triplet	Watch / Immitate / Play along
68	62	<i>Loch Gowna A</i>	Double jig 6/8	Short trills/Cuts/Long rolls/Slides	Watch / Immitate / Play along
69	62	<i>Loch Gowna A</i>	Double jig 6/8 faster	Short trills/Cuts/Long rolls/Slides	Watch / Immitate / Play along
<b>15 Vibrato</b>					
70	65	<i>Molly Saint George</i>	Slow air	Finger vibrato/Breath vibrato/Slides/Cuts	Watch / Immitate / Play along



*Philip Masure Dave Munnely Jules Bitter Jefv/d Broeck*

*102 Session at Whistle Basics presentation*

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3	13 – 14	Holding and blowing the whistle
4	15	Preparation for practising and playing
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